

I felt like whatever I was doing was worthless. Even if I did well in school, it wouldn't matter to people because all they would care about is me being gay.

ZOE, 12, SECONDARY SCHOOL PUPIL, ENGLAND

No one I've spoken to at school has ever knowingly met a trans person before or been taught anything about trans people and what we might need.

REECE, 18, NOW IN EMPLOYMENT, YORKSHIRE AND
THE HUMBER

Once in sex education, I asked about safe sex in same-sex relationships and I was told that it was 'inappropriate' and 'that is not suitable for classroom discussion'. I was told to leave the room.

DORIAN, 13, SECONDARY SCHOOL PUPIL, WEST
MIDLANDS

In PE lessons people would deliberately run into me, throw footballs or rugby balls at me and just try to attack me.

The teacher said it was nothing. I have done everything possible to miss PE lessons.

LEIGH, 16, SECONDARY SCHOOL, WALES

When I was 13 I asked a couple of teachers about what trans meant, and how transitioning worked.

They were very reluctant to talk to me about it, and the only one who did told me that it's an extremely risky and painful thing to transition.

TANNER, 15, SECONDARY SCHOOL, EAST MIDLANDS

I was bullied which made everything harder. I was so ashamed of my sexuality that I thought about taking my life because I didn't know how to feel normal again and accept it.

AMBER, 19, NOW AT UNIVERSITY, WALES

Having access to an LGBT youth group has made a massive difference to my wellbeing. It gave me the confidence to speak openly about being trans at school, and gave me a place where I could be myself without fear of judgement.

JAMES, 17 NOW IN EMPLOYMENT, SOUTH WEST

Seventy-one percent of the Trevor Project's respondents reported experiencing discrimination as a result of sexual orientation or gender identity, and 58 percent of trans and non-binary individuals reported that they had been "discouraged from using a bathroom that corresponds to their gender identity."

NATIONAL SURVEY ON LGBTQ YOUTH MENTAL HEALTH
(THE TREVOR PROJECT, 2019)

39% of LGBTQ youth seriously considered attempting suicide in the past twelve months, with more than half of transgender and non-binary youth having seriously considered

71% of LGBTQ youth reported feeling sad or hopeless for at least two weeks in the past year

Less than half of LGBTQ respondents were out to an adult at school, with youth less likely to disclose their gender identity than sexual orientation

2 in 3 LGBTQ youth reported that someone tried to convince them to change their sexual orientation or gender identity, with youth who have undergone conversion therapy more than twice as likely to attempt suicide as those who did not

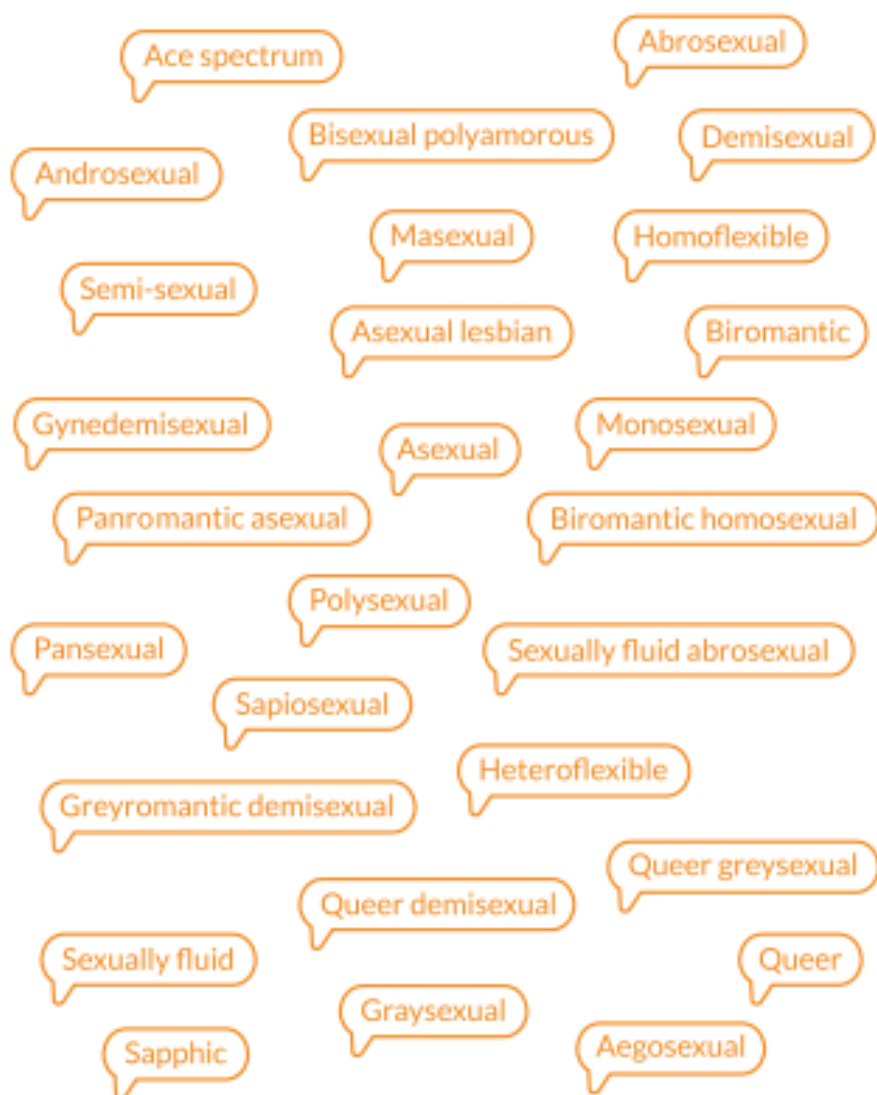
71% of LGBTQ youth in our study reported discrimination due to either their sexual orientation or gender identity

58% of transgender and non-binary youth reported being discouraged from using a bathroom that corresponds to their gender identity

76% of LGBTQ youth felt that the recent political climate impacted their mental health or sense of self

87% of LGBTQ youth said it was important to them to reach out to a crisis intervention organization that focuses on LGBTQ youth and 98% said a safe space social networking site for LGBTQ youth would be valuable to them

LGBTQ youth in the survey identified with more than 100 sexual orientations



LGBTQ youth in the survey identified with more than 100 gender identities

