Your Address LINE 1

Your Address LINE 2

Your Address LINE 3

 Your Address LINE 4

 Your Postcode

NHS Address LINE 1

NHS Address LINE 2

NHS Address LINE 3

NHS Address LINE 4

NHS Postcode

DD-MM-YYYYY

**RE: Request for support with barriers in accessing healthcare**

Dear

I am writing in relation to my concerns with my health care provision.

I have recently been referred to Gender Identity Service who, following an assessment, have  the following:

 by way of .

A letter (copy enclosed) has been sent from  NHS Foundation Trust Gender Identity Service Clinician requesting that my GP provides ongoing care and treatment in this regard (In-line with the Welsh Health Circular, WHC (2016) 040 - <https://gov.wales/docs/dhss/publications/160927whc040en.pdf> ).

Upon receipt of the enclosed, my GP has refused to provide  the treatment. As you will be aware, this fails to to adhere to published guidance (links provided below for reference).

I respectfully request your attention in this matter and would appreciate your support in resolving this issue. Should you need to contact me to discuss the above, my contact details are as follows:

Phone -

Email -

I look forward to confirmation of receipt of this letter at your earliest convenience and your response on the matter in due course.

Yours sincerely,

Name

A copy of this letter  been sent to my GP. My GP details are as follows:

GP Name -

Registered Practice -

Address - GP Address LINE 1

GP Address LINE 2

GP Address LINE 3

GP Address LINE 4

GP Postcode

Contact Number -

A copy of this letter has been sent to Welsh Health Specialist Services Committee at whssc.ipc@wales.nhs.uk

This template has been created by Umbrella Cymru as part of the ongoing work of the All Wales Gender Identity Partnership Group. I  being supported by Umbrella Cymru and  permission for you to discuss this matter with them.

A copy of this letter been sent to Umbrella Cymru at support@umbrellacymru.co.uk

**Resources**

Royal College of Psychiatrists - Good practice guidelines for the assessment and treatment of adults with gender dysphoria.

<https://www.rcpsych.ac.uk/files/pdfversion/CR181_Nov15.pdf>

NHS England Specialised Services Circular - SSC1620.

<https://shsc.nhs.uk/wp-content/uploads/2016/04/SSC1620_GD-Prescribing.pdf>

Welsh Government - Welsh Health Circular - WHC (2016) 040.

<https://gov.wales/docs/dhss/publications/160927whc040en.pdf>

General Medical Council - Trans Healthcare Guidance

<https://www.gmc-uk.org/ethical-guidance/ethical-hub/trans-healthcare#trans-health>

General Medical Council – Good practice in prescribing and managing medicines and devices

<https://www.gmc-uk.org/ethical-guidance/ethical-guidance-for-doctors/prescribing-and-managing-medicines-and-devices>

General Medical Council - Shared Care

<https://www.gmc-uk.org/ethical-guidance/ethical-guidance-for-doctors/prescribing-and-managing-medicines-and-devices/shared-care>

West London Mental Health Trust - Shared Care Guidance for:

Transmen

[http://www.gpref.bedfordshire.nhs.uk/media/160185/Treatment\_of\_Gender\_Dysphoria\_in\_Transmen\_(Female\_to\_Male\_Transsexuals).pdf](http://www.gpref.bedfordshire.nhs.uk/media/160185/Treatment_of_Gender_Dysphoria_in_Transmen_%28Female_to_Male_Transsexuals%29.pdf)

Transwomen

[http://www.gpref.bedfordshire.nhs.uk/media/160288/Treatment%20of%20Gender\_Dysphoria\_in\_Transwomen\_(Male\_to\_Female\_Transsexuals).pdf](http://www.gpref.bedfordshire.nhs.uk/media/160288/Treatment%20of%20Gender_Dysphoria_in_Transwomen_%28Male_to_Female_Transsexuals%29.pdf)

WPATH Standards of Care

<http://www.transgendercounseling.com/temp/wp-content/uploads/2010/06/Standards-of-Care-V7-2011-WPATH-copy.pdf>