

32 House Lane
Umbrella Village
Rainbow Town
Newport
AB11 2CD

Paul Buss
Aneurin Bevan University Health Board
St Cadocs Hospital
Lodge Road
Caerleon, Newport
NP18 3XQ

01-01-2018

RE: Request for support with barriers in accessing healthcare

Dear Paul Buss

I am writing in relation to my concerns with my health care provision.

I have recently been referred to Tavistock and Portman Gender Identity Service who, following an assessment, have recommended I receive the following:

Oestrogen and anti-androgens by way of injection.

A letter (copy enclosed) has been sent from Tavistock and Portman NHS Foundation Trust Gender Identity Service Clinician requesting that my GP provides ongoing care and treatment in this regard (In-line with the Welsh Health Circular, WHC (2016) 040 - <https://gov.wales/docs/dhss/publications/160927whc040en.pdf>).

Upon receipt of the enclosed, my GP has refused to provide all of the treatment. As you will be aware, this fails to to adhere to published guidance (links provided below for reference).

I respectfully request your attention in this matter and would appreciate your support in resolving this issue. Should you need to contact me to discuss the above, my contact details are as follows:

Phone - 01234567890
Email - email@email.com

I look forward to confirmation of receipt of this letter at your earliest convenience and your response on the matter in due course.

Yours sincerely,

Jane Bloggs

A copy of this letter has been sent to my GP. My GP details are as follows:

GP Name - M Y Doctor
Registered Practice - Help Medical Centre
Address - GP Street
Newport

EF33 4GH

Contact Number - 09876543210

A copy of this letter has been sent to Welsh Health Specialist Services Committee at whssc.ipc@wales.nhs.uk

This template has been created by Umbrella Cymru as part of the ongoing work of the All Wales Gender Identity Partnership Group. I am being supported by Umbrella Cymru and therefore give permission for you to discuss this matter with them.

A copy of this letter has been sent to Umbrella Cymru at support@umbrellacymru.co.uk

Resources

Royal College of Psychiatrists - Good practice guidelines for the assessment and treatment of adults with gender dysphoria.

https://www.rcpsych.ac.uk/files/pdfversion/CR181_Nov15.pdf

NHS England Specialised Services Circular - SSC1620.

https://shsc.nhs.uk/wp-content/uploads/2016/04/SSC1620_GD-Prescribing.pdf

Welsh Government - Welsh Health Circular - WHC (2016) 040.

<https://gov.wales/docs/dhss/publications/160927whc040en.pdf>

General Medical Council - Trans Healthcare Guidance

<https://www.gmc-uk.org/ethical-guidance/ethical-hub/trans-healthcare#trans-health>

General Medical Council – Good practice in prescribing and managing medicines and devices

<https://www.gmc-uk.org/ethical-guidance/ethical-guidance-for-doctors/prescribing-and-managing-medicines-and-devices>

General Medical Council - Shared Care

<https://www.gmc-uk.org/ethical-guidance/ethical-guidance-for-doctors/prescribing-and-managing-medicines-and-devices/shared-care>

West London Mental Health Trust - Shared Care Guidance for:

Transmen

[http://www.gpref.bedfordshire.nhs.uk/media/160185/Treatment_of_Gender_Dysphoria_in_Transmen_\(Female_to_Male_Transsexuals\).pdf](http://www.gpref.bedfordshire.nhs.uk/media/160185/Treatment_of_Gender_Dysphoria_in_Transmen_(Female_to_Male_Transsexuals).pdf)

Transwomen

[http://www.gpref.bedfordshire.nhs.uk/media/160288/Treatment%20of%20Gender_Dysphoria_in_Transwomen_\(Male_to_Female_Transsexuals\).pdf](http://www.gpref.bedfordshire.nhs.uk/media/160288/Treatment%20of%20Gender_Dysphoria_in_Transwomen_(Male_to_Female_Transsexuals).pdf)

WPATH Standards of Care

<http://www.transgendercounseling.com/temp/wp-content/uploads/2010/06/Standards-of-Care-V7-2011-WPATH-copy.pdf>